

**HEALTH CARE PROGRAMME 2017 ANNUAL REPORT**



**From the Community Development Program Team**

**2018**

## **Introduction**

In bid to meet the sustainable development goals, Lewa health care programme in the year 2017 was at the forefront to offer affordable, accessible quality health services in line with national guidelines. This was made possible through dedicated team members and support of our donors through the community development program.

## **2017 YEAR OBJECTIVES**

- Improve maternal child health
- Improve access to HIV/TB care and reduce stigma
- Improve access to primary health care
- Promote behaviour change in adolescent and youth
- Improve health and nutrition of school children among Lewa supported schools
- Increase access to specialized services in the referral hospitals

To meet this objective, the programme implemented three thematic programmatic areas including fixed based clinics, mobile outreaches, and emergency responses.

## **GENERAL OUTPATIENT**

Total number of patient seen in the outpatient was **11169**, who came to be seen for various ailments which included respiratory infection, urinary tract infection, diabetes, hypertension, injuries and other diseases

## **Maternal child health clinic**

To reduce maternal child mortality, the four clinics provided the maternal services to improve health of mother and baby. In the ante natal care clinic, **548** pregnant women accessed focused ante natal services, including HIV counselling testing services. Number of skilled deliveries conducted in the two clinics was **45** attributed to increase in family planning methods uptake. Total number of under-five children who received immunization services was **1930**, **104** Post-natal mothers' accessed post-natal services including HIV testing

## **REPRODUCTIVE HEALTH SERVICES**

**1129** women received family planning services which included counselling on various methods, oral contraceptives, injectable and implants

## **HIV CARE AND TREATMENT**

The four clinic continued to offer HIV care and treatment, with partnership with various county government, development partners and Lewa department of health, the clinic continued to receive constant supply medication for TB, HIV and some of essential drugs.

In 2017 the Numbers of people counselled and tested for HIV were **548** with **29** turning HIV positives

Total number of new clients enrolled into HIV care and treatment was **27**

Current numbers of patients on continuum ARVs are **56**

A total of **394** patients received comprehensive HIV care and treatment at the clinic

### **TB Clinic**

All patients presenting with symptoms for TB as screened for symptoms of TB

Total number of patients screened for TB three clinics was **325** with **34** patients diagnosed with active tuberculosis disease. They all received TB treatment and got well.

### **OPTICAL AND EYE CLINIC**

The programme continued to strengthen access to primary eye care and access to ophthalmologist at the Lewa clinic, at no extra cost, the number of patients who accessed eye care services were **328**. with many benefitting from free reading glasses supported by medcan Naweza.

### **COMMUNITY AND SCHOOL HEALTH OUTREACHES**

The health care programme in 2017 promoted and supported early detection and prevention of diseases in schools and community,

Through the partnership with medcan naweza the health care program continued to sensitize the community on prevention of chronic diseases, through the community health worker, community members were screened and educated on cardiovascular diseases.

**25** LEP schools were provided with various services in two phases and different communities were reached with health services, a total of **7299** children benefit from the school health service. Services provided included deworming, vitamins supplementation, behaviour change communication, vision, dental screening, among others. It was through these services that 19 community outreaches were carried out around Lewa and Leparua communities where members received free treatment and other services.

### **CANCER AWARENESS**

Community sensitization on cancer diseases was intensified in all communities. This included screening and testing for cancerous disease, this were breast cancer, cervical cancer, prostate cancer, total number of people tested for prostate cancer was **68** cervical cancer was **23**

## **PUBLIC HEALTH**

Lewa clinic laboratory supported public health and sanitation through individual medical health certification for food handlers and monitor sanitation in the public area.

## **LABORATORY SERVICE**

For accurate diagnosis of diseases the lab continued to offer lab service to the community, Number of people who received lab test was **5655**, number of various diagnostics test done were **5943** in the three clinic laboratories.

## **CAPACITY BUILDING**

Health is dynamic and there is need to constantly impact news updates and information in health care workers. The health care staffs attended various training on health to equip them with current information in health care sector. This year Medcan Naweza trained staffs on management on chronic illness, the emergency response unit from America trained staff on emergency preparedness and management. Supervision and inspection from the county health team to access the quality of health care in the four clinics and also the ministry of health also trained staff on various health issues.

## **ACCIDENTS AND EMERGENCY RESPONSE**

The programme continued to offer medical emergencies and response from field and community through ambulance evacuation, first aid and transfer to clinics and hospitals. The ambulance served four clinics and travelled within the landscape in emergency response to needy patients, who included mother in labour, human wildlife conflict associated injuries, road traffic accidents victims, hospital transfers among other

## **RESEARCH**

Leparua clinic hosted foreign medical students from USA to research on common ailments affecting the community.

## **Success story for 2017**

### **RAYMOND MMBIJIWE**

Raymond Mbiyiwe is a nine years class three pupil from CCM Ntumburi Primary school. He's a son of a single mother whose class teacher acknowledged to be a very bright boy.

In December 2016 during a termly visit to CCM Ntumburi primary school, Lewa's healthcare team picked Raymond through an ordinary medical examination. He was suffering from an umbilical hernia. This is usually a congenital (from birth) disorder that may remain benign but sometimes becomes very problematic as the child grows.

For Raymond it was causing intense pain and progressively enlarging. Lewa medical crew informed the head teachers who passed the information to the parent.

Four months down the line, the mother had not been able to meet the cost of treatment. This involves paediatric surgeon consultation, medical tests and surgical hernia repair, a treatment that can go to about USD 500.

### **PEADIATRIC SURGERY SUPPORT**

Lewa Switzerland, our long term supporter of healthcare program, has been sponsoring very needy cases of children who are diagnosed through our medical facilities and outreaches. The cases supported are those with good prognosis and the surgical treatment is deemed a life changer for them (in school life and after)

Luckily, Monica Villiger, who is part of Switzerland team, had visited Lewa in the month and once again the Lewa Switzerland supported Raymond with the medical cost and the surgery was successfully done in Kiirua Mission hospital one of our referral medical centre and the family remains grateful to Lewa Switzerland supporters



Nurse offering treatment to sick children during school health activity



Health education session to school children



Nurse demonstrates to mother on immunization schedules



Community sensitizing on breast cancer [demonstration of breast exam]



Community outreach at leparua